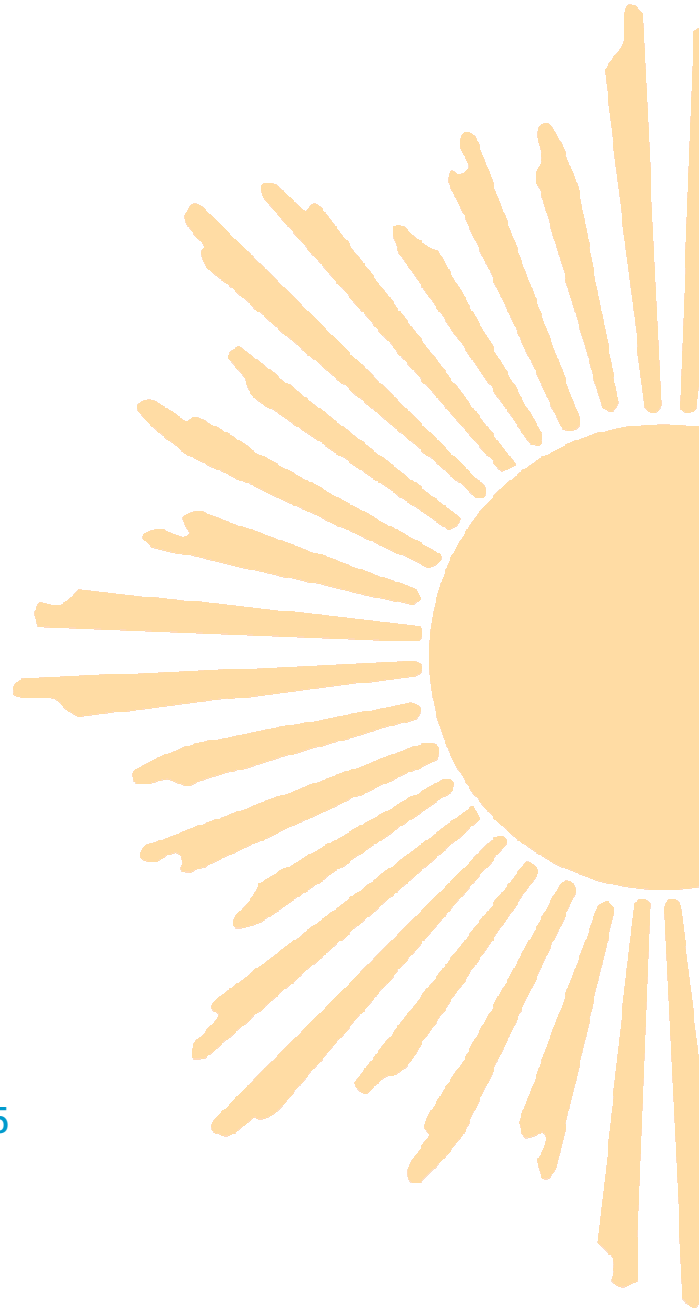


Reigate & Banstead Voluntary Service

Newsletter

June 2011



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Welcome

We recently organised a short course in media techniques. The first day's training was based around getting a story printed in the local newspaper. The session included input from Chris Madden, a reporter from the Surrey Mirror.

As a result of this session, we had two media successes. The Sunneybank Trust managed to get an interview of BBC Surrey's Breakfast Show with a local angle to a national story. Meanwhile, Age UK had a wonderful story about Jo Holden, a former beauty queen and ballerina and who at the age of 91 has taken up belly dancing. (Full story here www.thisissurreytoday.co.uk/Shimmying-grandma-let-bad-knee-stop/story-12748135-detail/story.html). This proves that with the right angle, it is possible to get publicity in the local media and often the angle that sells the story is a human interest one.

If you want to publicise your organisation or aspects of the work you do, please do make use of the Media Contacts document we have produced (available to download on our website at <http://www.rbcvs.org.uk/images/mediacontacts-issue1.pdf>) and do speak to the reporters at the Surrey Mirror. The best time to catch them is on Wednesday afternoon or a Thursday when that week's paper has been put to bed. If you want some guidance when writing a Media Release, please don't hesitate to contact us.

Des Shepherd (Manager)

Dates For Your Diary ...

Saturday 25th June: Reigate Priory Community Festival

The Volunteer Centre will be among a number of stalls and attractions at the Priory Park in Reigate. Why not come and see what's happening in the area?

Sunday 3rd July: Gatton Country Fair

We will also be stallholders at the event, which is a great afternoon for all the family of any age. Why not join us and see what Gatton has to offer?

Monday 18th July: Network Lunch

Reigate Baptist Church

Further details and invitations will follow shortly, but if you'd like to come, please do let us know.

Mayor's Volunteer Awards 2011

This has now been launched and full details are on our website at www.rbcvs.org.uk/award.htm . The **closing date is the 29th July**, so do get your nominations in soon. Forms can be found with this newsletter, via the link above or by contacting our office (see Contacts on the back page) and we will send you a paper copy.

Surrey Drug & Alcohol Care: Queen's Award for Voluntary Service

The Surrey based charity, Surrey Drug and Alcohol Care (SDAC) has been awarded the prestigious Queens Award for Voluntary Service. This award, inaugurated in 2002 to celebrate the Golden Jubilee year, is made annually to groups who have given "outstanding voluntary work in the community". SDAC provides a confidential 24/7/ 365 day telephone support-line for anyone concerned about issues relating to substance abuse.

Mike Sproule, acting Chairman commented: "this unique National Honour is a tribute to the 50-60 volunteers at SDAC who tirelessly donate their time, energy and compassion to meeting the needs of anyone, including users, families, friends and carers, suffering from drug and alcohol dependency in Surrey. In our 25th year of service to the community, the importance and value of SDAC has never been greater. I hope this award will encourage more people to work with us: the more volunteers we have, the more support we can give back to those in need in our community."

The helpline operates 24 hours a day, offering advice, support and referral into treatment services, for Surrey residents. Families, friends and carers of those involved in alcohol or drug dependency are also given the same support. It is manned at any one time by the 50-60 volunteers who give up their time to help anyone concerned by drug and alcohol use. In 2010, SDAC took over 2,500 calls to the helpline, and alcohol dependency in Surrey forms the largest share of calls to the line.

Anyone who is concerned about drug and alcohol can call the 24 hour helpline on 01483 300112.

Age UK Surrey: Home Help Service

Age UK Surrey runs a Home Help service in Reigate and Banstead providing help with housework, ironing, bed changing, laundry, shopping, preparation of light snacks. The service may also be able to provide help with correspondence, minor sewing, prescription collection, dog walking or other requirements.

The service is much more than a simple cleaning provider; with over 15 years experience and an increasing client base, they deliver a personalised tailored continuing programme working to support older persons' independence.

Initially the fully trained Care Advisers Jo Fletcher – Reigate, Redhill, Merstham and Jenny Merritt – Banstead and surrounding areas will visit and talk you through the process and associated costs before matching you to a caring, trustworthy Home Help who will visit you at the same time, on the same day, every week to carry out the support you require. You can be assured that this familiar friendly face has been through Age UK's interview process with references taken up and a Criminal Record Check carried out at an enhanced level. If your regular Home Help is on holiday, or sick, Hometime will do their utmost to provide cover if required.

You will also benefit from ongoing access to your dedicated regional Care Adviser who is there to answer any queries that you may have concerning Hometime in addition to other beneficial products and services available through the Charity.

They also run a low cost Gardening service, supplying a keen gardener to mow the lawn, weed beds, prune shrubs and generally keep your garden tidy.

*Please feel free to contact Jo or Jenny; ring the Age UK Surrey Head Office **3** number for more information on 01483 454 646*

This is where you get to show off your organisation. If you would like to highlight your organisation, its events and success stories, contact Carol at carol@rbcvs.org.uk or call 01737 763 156.

News and Events...

Free Events: 'Where Is The Money And How Can I Get Some?'

Available dates are 6th, 7th, 8th and 12th July, in Chippenham, Exeter, Wimbourne and Bristol. For further information and to book, go to: <http://www.learningcurve.org.uk/news/free-half-day-seminar-learning-skills-where-money-and-how-can-i-get-some>



National Council for Voluntary Youth Services: 75th Anniversary

The NCVYS celebrated its 75th year in May. It was originally known as the Standing Conference for Juvenile Organisations when it started back in 1936.

Surrey Wildlife Trust: Pond Dipping at Spynes Mere: Saturday 25th June, 1pm – 3pm

A great chance to discover a range of creatures living in the lake. Contact Tom Newman on 07967 575255 or e-mail tom.newman@surreywt.org.uk for details.

Merstham's Sunday Funday: 24th July

On the Epiphany Green, Merstham. Free burgers and fun for all the family!

Delivering Change: A Health & Social Care Conference

20th July, 9.30am – 3.15pm Leatherhead Leisure Centre

Topics for the day will include Health Watch, Commissioning, Public Review of Learning Disabilities, Adult Social Care and GP Consortia. To register call Keri Marshall on 01372 722 485 or e-mail keri@vamidsurrey.org.

CharityFair 2011 (Supported by NAVCA)

CharityFair takes place on 27-28 June at the Hotel Russell in Central London as is aimed specifically at small and medium sized charities and community groups. There are nearly 100 practical workshops and master-classes covering every voluntary sector need from managing staff and volunteers to social media fundraising, from financial management to strategic planning.

Workshops start from **£25**. There are also plenty of FREE resources including: the exhibition area; one-to-one fundraising and executive coaching sessions; talks about the Big Society and what it means for funding; and NAVCA's award winning free workshop Empowering the Voluntary Sector. For full details and to book visit www.charityfair.org.uk

Reigate & Redhill YMCA: V-Buddies Wanted

R&RYMCA are looking for volunteers to join their training programme on 21st and 22nd July to enable them to help during the summer holidays with a variety of tasks, including running sports schemes, play schemes, Saturday clubs and more. If you would like to volunteer in this way, please contact Janet or Lisa at the Volunteer Centre on 01737 762 115 or e-mail volunteer@rbcvs.org.uk

Procurement in the NHS 2011: Every Penny Counts

13th September 2011: Manchester Conference Centre

Now in its third year 'Procurement in the NHS' has established itself as the leading procurement event for the health sector in the UK. Register online (link below) using 'Marketing Code SYS2' or call 0161 831 7111 for further information.

www.publicserviceevents.co.uk/overview/185/procurement-in-the-nhs



Healthy Walk Explore Merstham

Come and join us for a walk around the nature reserves in Merstham

- Get healthy
- Explore your local area
- Learn more about wildlife in your area
- FREE refreshments after the walk

Every 1st and 3rd Tuesday of the month 1.30 pm
Starting July 5th

Meet at Merstham Community Facility, Portland Drive, Merstham, Tel: 01737 64517



IT Amnesty at Furnistore

Throughout August Furnistore is having an IT amnesty. You can take your old PCs, monitors, printed and other accessories in for wiping and refurbishment, and re-homing. There are some restrictions, and you will be asked for your contact details to confirm with you that any drives you have supplied have been fully wiped. See www.furnistore.co.uk for further details, or call 01737 773133.

Merstham: Free Workshop for Parents - Tuesday 19th July

The Oakley Centre, 211a Radstock Way, Merstham, 5:30pm-7:30pm

For Mums, Dads, Carers & Young People (11-16yrs)

- Come along for a cup of tea, piece of cake & a chat!
- Meet other parents and learn new strategies!
- Learn about groups starting soon in your area!

To reserve a place, please contact: Debbie Burrell (nee Roberts)

01483 519244 or 07891 514670 / deborah.burrell@surreycc.gov.uk

or Cathy Brockington-Hill on

01483 519242 or 07970 047718 / catherine.brockingtonhill@surreycc.gov.uk

Jobs...

Active Living Co-Ordinator: YMCA

Full time, from £21K depending on experience

The YMCA are looking for an Active Living Co-Ordinator who will develop and co-ordinate two new projects that will help young people with disability and ill health to develop through physical activity and volunteering.

Experience in such physical activity is required, with an NVO level 2 or higher in coaching or teaching sport, and experience working with young people with disability or ill health.

Closing date: Monday 4th July, interviews from Tuesday 12th July. Please go to www.ymcaredhill.com for details and an application pack, or e-mail adele.monk@ymcaredhill.com or pop in and ask at reception.

Part Time Day and Night Workers: Caring for Adults with Learning Disabilities

Independent Lifestyles support adults with Learning Disabilities in and around Sussex, and are looking for full / part time day and night workers who are positive, enthusiastic, committed and flexible. Candidates should have good interpersonal and life skills, and preferably experience of working with vulnerable adults

For more details and to apply please contact Jo Fisher on 01273 831699 or e-mail agency@independentlifestyles.co.uk

Personal Assistants/Care Support Workers in West Sussex

Flexible, Part Time Vacancies with an hourly rate of £7.50+ with Cool2Care

They are seeking enthusiastic, caring, reliable individuals, who have the desire and commitment to really help make a difference to children and young people's lives. Working hours can vary from early morning/pre-school, to evenings, weekends or the occasional Waking Night.

All successful applicants must complete a Cool2Care training course. Courses are scheduled approx every 2 months. To apply, please register your details as a Personal Assistant at www.cool2care.co.uk. Alternatively, email gayle.gover@cool2care.co.uk or telephone Gayle Gover, Recruitment Manager for West Sussex Region - 07889 405956

Vacancies: 3VA, Sussex

3VA has a vacancy for a part-time Governance and Personnel Assistant. Closing date for applications is 4pm on Thursday 30th June. For further information, telephone Adam Chugg on 01323 639373 or visit www.eavs.org/index.php?action=vacancies

Training...

The Learning Curve: Training

The Learning Curve have a number of Training events and various ways of training throughout June and July. For more information go to: www.learningcurve.org.uk

National Training Resources: Upcoming Courses

The First Line Manager - Improving Skills and Effectiveness

30th June, London Euston £259 + VAT

The Bribery Act

Understanding the Act and Minimising Risk of Prosecution

13th July, London Euston £259 + VAT

Teaching and Training in the Wider FE sector Conference 2011

29th June, Savoy Place, London from £249 per person

Contact National Training Resources for further information on 0845 130 6152 or go to www.national-training.com/events

Resources...

Bookkeeping Services: AFM

If you need a local bookkeeper who is experienced in providing services for non-profit organisations, try AFM Bookkeeping Services on 07838 366402. Training in basic charity/company bookkeeping is also available.

Friendly Resources: Accessible DVD Clearance Sale

Friendly Resources are selling off a number of accessible information and other DVD's as part of their spring clearout. They specialise in making information accessible to all kinds of people with various access issues. For more information go to www.friendlyresources.org.uk

Contact Us...

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*Want to see your event listed here?
Contact Carol for further details.*

www.rbcvs.org.uk

www.reigateandbansteadvolunteercentre.org

Disclaimer

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